



Week 1

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOMEMADE SOUP	Freshly made soup with crotons & seeds				
MAIN COURSE	Beef bolognaise with fusilli pasta	Roasted turkey with gravy	Pizza Day	Pork sausages with onion gravy	Baked fish fingers
VEGETARIAN	Vegetable & lentil fusilli pasta	Spring root tart	Pizza Day	Quorn sausages with onion gravy	Courgette & carrot potato fritter
ON THE SIDE	Garlic bread Broccoli Steamed green beans	Roasted potatoes Garden peas Carrots and swede mash	Wedges Carrots Sweetcorn	Mashed potato Green beans Cauliflower	Chips Baked beans Garden peas
JACKET & PASTA	Jacket potato with baked beans, grated cheddar cheese & Tuna Mayo	Pasta with tomato sauce & cheese	Jacket potato with baked beans, grated cheddar cheese & Tuna Mayo	Pasta with tomato sauce & cheese	Jacket potato with baked beans, grated cheddar cheese & Tuna Mayo
DESSERT	Rice crispy cake Yoghurt & fruit	Yoghurt, jelly & fruit	Toffee apple crumble with crunchy oat topping & custard Yoghurt, jelly & fruit	Yoghurt, jelly & fruit	Iced vanilla sponge Yoghurt, Jelly & fruit



Week 2

LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOMEMADE SOUP

Freshly made soup with crotons & seeds

MAIN COURSE

Mexican beef chili
quesadilla

**Honey roasted pork loin
with homemade apple
sauce**

Chicken stir fry

Carbonara Chicken

Pork Hot Dog

VEGETARIAN

Vegetarian burrito

Mushroom wellington

Sweet and sour tofu

Vegetable stroganoff

Quorn hot dog

ON THE SIDE

Tomato salsa
Sour cream
Tortilla chips

Sweet chilli mixed bean

Mexican vegetable rice

Roasted potatoes

Steamed carrots

Broccoli florets

Noodles

Green beans

Chinese cabbage

Spaghetti

Roasted squash

Broccoli

Fries

Garden peas

BBQ Beans

JACKET & PASTA

Pasta with tomato sauce
& cheese

**Jacket Potato with
baked beans, grated
cheddar cheese & Tuna
Mayo**

Pasta with tomato sauce
& cheese

**Jacket Potato with baked
beans, grated cheddar
cheese & Tuna Mayo**

Pasta with tomato sauce
& cheese

DESSERT

Oaty flapjack,
yoghurt and fruit

Yoghurt, jelly & fruit

Banana & chocolate cake
yoghurt, jelly & fruit

Yoghurt, jelly & fruit

Smartie cookies,
jelly & fruit

HOLROYD HOWE
FEEDING INDEPENDENT MINDS

FOUNDED IN 1997
HOLROYD HOWE
FEEDING INDEPENDENT MINDS



Week 3

LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOMEMADE SOUP

Freshly made soup with crotons & seeds

MAIN COURSE

Beef burger, Brioche bun

Roast Glazed Gammon

Beef meatballs

Chicken Tikka Masala

Breaded baked Cod

VEGETARIAN

Homemade bean burger,
Brioche bun

**Butternut & cauliflower
crumb bake**

Vegetable cannelloni

**Potato and spinach saag
aloo**

Baked Pepper, butternut
squash, cheddar and feta
wraps

ON THE SIDE

Diced potatoes

Steamed garden peas

Broccoli

Roasted potatoes

Green beans

Roasted chunky carrots

Garlic bread

Sweetcorn

Fusilli Pasta

Pillai Rice

Naan Bread
Onion bhaji

Roasted Cauliflower

Skinny Fries

Baked beans

Garden peas

JACKET & PASTA

Jacket potato with baked
beans, grated cheddar
cheese & Tuna Mayo

Pasta with tomato sauce

Jacket potato with baked
beans, grated cheddar
cheese & Tuna Mayo

Pasta with tomato sauce

Jacket potato with baked
beans, grated cheddar
cheese & Tuna Mayo

DESSERT

Victoria Sandwich or
Yoghurt, fruit & jelly

Yoghurt, jelly & fruit

Blueberry muffin
Yoghurt, fruit & Jelly

Yoghurt, jelly & fruit

Brookie
Yoghurt, fruit & jelly