



Sixth Form ENRICHMENT WEEK PROGRAMME

— 2026 —



YOUR GUIDE TO ENRICHMENT ACTIVITIES

What is enrichment week all about?

Enrichment Week is designed to equip you with essential life skills, broaden your horizons, and prepare you for the exciting journey beyond Lingfield College. Throughout the week, you'll experience a variety of activities that are informative, practical, and rewarding — all while having a lot of fun along the way.

Morning sessions will be pre-allocated to ensure a balanced experience for everyone. Afternoon sessions are yours to choose, offering a wide range of opportunities. Activities will be allocated on a first-come, first-served basis, so make sure you sign up early to secure your preferences.

You'll need to attend registration both in the morning and after lunch. The school day will finish at the usual time of 3.50pm.

Dress code is casual. If you're signed up for Self-Defence, please wear tracksuit bottoms or leggings and a loose-fitting long-sleeved top. For Car Maintenance, wear clothes you don't mind getting a little dirty.

Above all, this week is about developing skills for life, stepping out of your comfort zone, and enjoying new experiences with friends and teachers who are here to support you every step of the way.

We can't wait for you to make the most of it. Enjoy!



LIFE SKILLS FOR THE FUTURE

First Aid - Emergency Response

Learn essential first aid skills, including casualty assessment, the recovery position, CPR, hygiene control, bandaging, and the treatment of burns and wounds. You'll also receive training in using a defibrillator - a vital life skill for any situation.

Game of Life- Level 18

A game where students navigate their way through practical life skills such as budgeting, healthy eating, productivity tips, and survival skills for uni life.

Car Maintenance & Functionality

Get under the bonnet and understand how a car really works. From engines and gearboxes to MOTs and road tax, this hands-on session will help demystify car maintenance and give you essential knowledge for independent living.

Cooking for University

Impress your future flatmates with your culinary skills! Learn how to cook a delicious one-pot chicken casserole (plus a vegetarian option) - and take your masterpiece home. Bring a container, fork, and a big appetite.



WELLBEING, RESILIENCE & CREATIVITY



Make Your Own Soap

Channel your inner artisan by crafting beautiful, handmade soaps using traditional methods - and take your creations home.

Clay Modelling

Experiment with clay in the Art Studio, learning key sculpting techniques and creating a unique piece to treasure.

Dragons Apprentice

A blend of Dragons Den and The Apprentice. A collaborative workshop where teams work together to create an idea, produce the perfect pitch and deliver their ideas. Who will get the investment, who will be fired!

Self Defence - Ellis Academy, Redhill

Empower yourself with practical self-defence strategies, incorporating Karate and GJJ techniques for real-world readiness.

ADVENTURE & CHALLENGE

Crime Scene Investigation

You're given an evidence bag and your mission is to eliminate as many of the suspects as possible so that we can find the killer and bring them to justice. You will be required to uncover clues to help you solve this puzzling investigation.

Escape Room – Tulleys Farm

Work as a team to crack puzzles, uncover clues, and escape before the clock runs out - collaboration and quick thinking required!

Aqua Park – Bewl Water

Take on the giant floating obstacle course, beat the challenges, and enjoy competitive fun with your friends.

THE TRAITORS

The Traitors

You have all seen the hugely popular TV show, now it's your chance to take part. Will you be a Traitor or a Faithful. A game where you test your communication skills, teamwork and discover your psychological side.

Make a difference and give back

Volunteering

Spend a rewarding morning giving back - helping at Rescue Remedies Canine Rescue or Lingfield Prep School.

A wonderful way to build your CV and contribute to the community.



TEAM GAMES & PRIZE GIVING

And to round the week off...

Round off an incredible week with an afternoon of action-packed team challenges designed to test your teamwork, creativity, and competitive spirit! Whether you're aiming to win or just here for the laughs, it's the perfect way to finish Enrichment Week on a high.

After the games, we'll come together for our Prize Giving, where we'll recognise achievements, highlight memorable moments, and celebrate everything you've experienced and achieved. Expect plenty of smiles, cheers, and a proud reflection on the new skills, friendships, and memories you've created.



ACTIVITY TIMETABLE

	Friday	Monday	Tuesday	Wednesday	Thursday
9.00am - 12.30pm	Bewl Water Aqua Park ALL DAY	Self Defence	Escape Room	Self Defence	Volunteering
		First Aid		First Aid	
2.00pm - 3.30pm		Traitors	Car Maintenance	Cooking for University	Frisbee
		Make your Own Soap	Game of Life -Level 18	CSI	Prize Giving
		Clay Modelling	Clay Modelling	Dragons Apprentice	

Inspiring
Exciting Futures

