

# LUNCH

Spring Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Lingfield Pork Sausages Mashed Potato Broccoli, Green Beans & Baton Carrots Gravy	Chicken, Butternut & Lentil Makhani Curry Pilau Rice Roasted Spiced Chickpeas, Carrots & Spinach Mini Poppadom's	Roast Turkey Roast Potatoes Broccoli Florets, Garden Peas & Cauliflower Gravy Sage & Onion Stuffing	Chorizo & Garden Pea Macaroni Cheese Topped with Mature Cheddar Garlic & Herb Slice Steamed Spring Greens	Beef Burger in Brioche Bun with Shredded Lettuce & Sliced Tomato French Fries Baked Beans Cajun Corn on Cob Sliced Gherkins
<b>Vegetarian Meal</b>	Vegetarian Toad in the Hole Mashed Potato Broccoli, Green Beans & Baton Carrots Gravy Vegan Vegan Sausages Topped with Crispy Onion Rings	Vegan Vegetable Biryani Chickpea & Vegetable Curry Sauce Roasted Spiced Chickpeas, Carrots & Spinach Homemade Chapati	Root Vegetable Gratin with Braised Leeks Topped and Herby Crumb Roast Potatoes Broccoli Florets, Garden Peas & Cauliflower Gravy	Vegan Stuffed Aubergine with Tabbouleh & Pomegranate dressing Garlic & Herb Slice Steamed Spring Greens	Vegan Crispy Tofu Steak Burger with Asian Slaw Katsu Sauce & Shredded Spring Onion French Fries Baked Beans Cajun Corn on Cob
<b>Alternative Option</b>	Pasta with Tomato & Roasted Red Pepper Sauce	Baked Jacket Potatoes Grated Cheddar Baked Beans Tuna Mayonnaise	Vegan Wholewheat Penne Pasta Chunky Tomato & Basil Sauce	Baked Jacket Potatoes Grated Cheddar Cheese Baked Beans Tuna Mayonnaise	Fish Taco with Avocado Pico De Gallo, Rice & Beans
<b>Salad Bar Proteins</b>	Chefs Choice	Mature Cheddar & Bacon Quiche  Garlic Mushrooms with Blue Cheese Dressing and Toasted Seeds	Mature Cheddar & Bacon Quiche  Garlic Mushrooms with Blue Cheese Dressing and Toasted Seeds	Ploughman's Selection Sliced Ham Hard Boiled Eggs Selection of Pickles Selection of Cheeses	Ploughman's Selection Sliced Ham Hard Boiled Eggs Selection of Pickles Selection of Cheeses
<b>Something Sweet</b>	Coconut & Raspberry Sponge with Lime Cream	Croissant & Apricot Jam Baked Pudding	Banana & Chocolate Muffin	Red Velvet Cake with Cream Cheese Frosting	Vegan Choc Chip Cookie
Daily selection of ripe fresh fruit, freshly cut fruit pots, jelly and homemade yoghurt pots					

# LUNCH

Spring Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken, Corn & Bean Burrito Oven Roasted Potato Wedges Roasted Carrots & Courgettes	<b>St Georges Day</b> Honey Roast Gammon Herby New Potatoes Braised Red Cabbage Garden Pea, Green Beans & Mint	Wholewheat Pasta Beef & Vegetable Bolognaise Homemade Focaccia Roasted Peppers & Sweetcorn	Cantonese Style Pork Loin Singapore Noodles Ginger & Soy Oriental Greens Prawn Crackers	Battered MSC Cod Chunky Chips Garden Peas Baked Beans Homemade Tartare Sauce
Vegetarian Meal	<b>Vegan</b> Mixed Bean & Vegetable Chilli Con Carne Steamed Rice Roasted Carrot & Courgettes	Leek & Stilton Quiche with Crispy Leeks Herby New Potatoes Garden Pea, Green Beans & Mint	<b>Vegan</b> Lentil, Vegetable & Soya Mince Bolognaise Homemade Focaccia Roasted Peppers & Sweetcorn	<b>Vegan</b> Mushrooms in Black Bean Sauce Singapore Noodles Ginger & Soy Oriental Greens	<b>Vegan Roasted Mediterranean</b> Vegetable Calzone Chunky Chips Garden Peas Baked Beans
Alternative Option	Roasted Mediterranean Vegetables Pasta Bake Topped with Feta	Jacket Potatoes Cheddar Cheese Baked Beans Tuna Mayonnaise	Jacket Potatoes Cheddar Cheese Baked Beans Tuna Mayonnaise	<b>Vegan</b> Wholemeal Pasta With Vine Tomato Sauce	Mature Cheddar & Chive Loaded Potato Skins
Salad Bar Proteins	Chefs Choice	Homemade Bread Assorted English Cheeses Selection of Pickles Prawn Cocktail Coronation Slaw	Courgette, Green Bean, Feta Salad with Lemon Dressing & Caramelised Seeds  Prawn Cocktail	Mezze Board Grilled Chicken with Raz al Hanout Vegan Falafels Babba Ghanoush Rainbow Salad Marinated Olives Tabouleh with Feta Cheese	Mezze Board Grilled Chicken with Raz al Hanout Vegan Falafels Babba Ghanoush Rainbow Salad Marinated Olives Tabouleh with Feta Cheese
Something Sweet	Vegan Chocolate Brownie	Fresh Berry Cupcakes	Raisin, Cranberry & Oat Bar	Treacle Sponge & Custard	Double Chocolate Tart
Daily selection of ripe fresh fruit, freshly cut fruit pots, jelly and homemade yoghurt pots					

# LUNCH

Summer Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Wholewheat Rigatoni with Chicken in Tomato & Mascarpone Sauce Garlic & Herb Slice Broccoli & Green Beans	Roast Gammon Roast Potatoes Mixed Seasonal Vegetables Yorkshire Pudding Gravy	Chilli Con Carne Steamed Rice Nachos Broccoli Florets & Sweetcorn	Baked Thai Green Cod Vegetable Pad Thai With Roasted Broccoli, Carrots, Peppers & Toasted Seeds Tomato, Mango & Coriander Salsa Thai Stir Fry Vegetables Prawn Crackers	Piri Piri Buttermilk Chicken Skinny Fries Roasted Corn on Cob Baked Beans Zesty Slaw
Vegetarian Meal	Vegan Asparagus Tart with Tomato & Basil Sauce Garlic & Herb Slice Broccoli & Green Beans	Garlic Stuffed Mushrooms with Stilton Crumb Roast Potatoes Mixed Seasonal Vegetables Stuffing Balls Vegan Garlic Stuffed Mushrooms Topped with Sage & Onion Crumb	Vegetable & Black Eye Bean Enchilada Topped with Tomato Sauce a Mature Cheddar Cheese Steamed Rice Broccoli Florets & Sweetcorn	Vegan Vegetable Spring rolls Vegetable Pad Thai With Roasted Broccoli, Carrots, Peppers & Toasted Seeds Stir Fry Vegetables	Vegan Cauliflower Buffalo Wings Skinny Fries Roasted Corn on Cob Baked Beans Zesty Slaw
Alternative Option	Baked Jacket Potatoes Grated Cheddar Cheese Baked Beans Tuna Mayonnaise	Wholemeal Penne Pasta Chunky Vegetable Ragu	Vegan Jacket Potatoes Cheddar Cheese Baked Beans Tuna Mayonnaise	Pasta with Tomato & Basil Sauce	Mac'n'Cheese With BBQ Sauce, Crispy Onions & Panko Topping
Salad Bar Proteins	Chefs Choice	Houmous, Roast Vegetable & Rocket Wraps  Korean BBQ Pork Meatballs with Toasted Sesame Seeds	Houmous, Roast Vegetable & Rocket Wraps  Korean BBQ Pork Meatballs with Toasted Sesame Seeds	Pea, Spinach & Mint Frittata  Pulled Harissa Chicken with Butterbean & Rocket Salad	Pea, Spinach & Mint Frittata  Pulled Harissa Chicken with Butterbean & Rocket Salad
Something Sweet	Vegan Vanilla Shortbread	Oreo Cheesecake	Strawberry Layer cake	Toffee Muffin	Raspberry Jam Biscuit
Daily selection of ripe fresh fruit, freshly cut fruit pots, jelly and homemade yoghurt pots					