



Lingfield  
COLLEGE  
PREP

Prep School Co-Curricular and Enrichment Programme 2023-24



# Welcome

At Lingfield Prep School we believe that what goes on outside the classroom is equally as important as the work that goes on within it to provide a well-rounded educational experience for our children.

Our co-curricular and enrichment programme is rich, stimulating and rewarding, designed to complement our curriculum by harnessing our pupils' natural curiosity, encouraging them to try new experiences, building their skills and developing their talents. Our programme includes a huge variety of clubs and activities, over 55 in total. Whether your child is sporty, creative, musical, academic, or wants a chance to relax and have fun, there is something for everyone.

“Throughout the whole school, excellent achievement can be seen in the pupils' individual interests through their participation in an extensive extra-curricular programme. ISI Report

Our aim is that when our pupils move up to Senior School, they leave us with bundles of confidence, a genuine taste for adventure and the desire to expand their horizons. Equally important, that they take with them wonderful memories of the fun, rich and rewarding experiences they have shared with their friends.

  
*Jacky Shackel*  
Jacky Shackel, Head of Prep School



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Clubs and activities change throughout the school year. the school office will issue a detailed timetable of activities before the start of every term.



Most of our clubs are free, where you see this icon a charge is incurred.

## MUSIC 6

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# Creative & Expressive

## ABLE DRAMA

YEAR GROUP: 6

A club designed to stretch and nurture the potential in our most able drama performers. (By Invitation only)

## ART CLUB

YEAR GROUP: 3-6

At Art Club, you can let your creative energy flow. Improve your drawing skills and experiment with paints, inks, pastels and 3D work. It is colourful, imaginative and fun! (£)

## DRAMA CLUB

YEAR GROUP: 3-6

Drama club is an exciting opportunity for pupils to develop their performance skills, improve their self-confidence and awareness...and have lots of fun! (£)

## ENRICHED ART CLUB

YEAR GROUP: 5-6

A club to stretch able artists in different media. We focus on projects and learning new skills for scholarship applications and those who simply love art. (By Invitation only)

## DRAWING CLUB

YEAR GROUP: 1-2

Drawing Club supports and develops a range of artistic skills from sketching, observational drawings, shading, painting, and colouring to name but a few.

## EMBROIDERY CLUB

YEAR GROUP: 3-4

Discover the art of stitching, patterns, and vibrant designs in a fun, supportive environment; where creativity meets needle and thread. Imaginations are unleashed to craft unique masterpieces while learning valuable embroidery techniques.

## IN THE WINGS

YEAR GROUP: 5

An inclusive and friendly drama club for those who show an ability and interest in drama but are not quite brave enough to 'go for it!' It focuses on building confidence, self-esteem and communication skills. Pupils often flourish and realise their potential. (By Invitation only)

## JOURNALISM CLUB

YEAR GROUP: 5-6

Our team of Journalists will work together to create a newspaper centred around the School, and the news and issues they feel are important.

## MUSICAL THEATRE CLUB

YEAR GROUP: 1-4

A fun session learning the basics of stagecraft and performance skills whilst singing, dancing and acting. We will explore lots of different musicals each term. (£)







# Mindfulness & Wellbeing

## ANTI-BULLYING CLUB

YEAR GROUP: 4-5

This club is for pupils that have received the Diana Award Anti-Bullying Ambassador training. The ambassadors will work on their action plan and campaign for the school, discuss challenges and work towards applying for badges.

(By Invitation only)

## BOARD GAMES CLUB

YEAR GROUP: 3-4

A fun opportunity to enjoy playing board games together and learning new skills in a relaxing environment every Friday. Games will include Cluedo, Monopoly, Bopbit and Scrabble!

## MINDFULNESS CLUB

YEAR GROUP: 4-6

A wonderfully relaxing club for pupils to achieve healthier mental wellbeing. It aims to help improve focus, develop resilience, positive thinking and a sense of calm. (£)

## MRS ROE'S FRIDAY SOCIAL CLUB

YEAR GROUP: 5-6

A club to explore social and emotional topics. (By Invitation only)

## WELLBEING WEDNESDAYS

This club allows pupils to relax and participate in activities that promote wellbeing.

YEAR GROUP: REC -2

An opportunity to relax, unwind and start the day with a happy mind. Activities include yoga, meditation and mindfulness colouring. It is also a time to talk, catch up, and have fun with our friends.

YEAR GROUP: 3-4

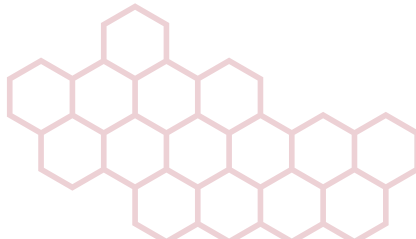
A great fun club for pupils to relax, talk and share their feelings. Activities include yoga-type exercises, going for walks or visiting the School pond. Some sessions focus on understanding our feelings and discussing ways to help ourselves and deal with tricky feelings or situations.

## YOGA & MINDFULNESS

YEAR GROUP: 5-6

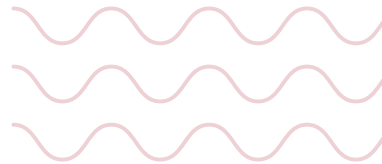
This lovely relaxing club focuses on calming breathing techniques, yoga poses, relaxation meditations and mindfulness colouring. It provides a much-needed break and the chance to relax and refocus.

Pupils will be taught different methods and ways to destress, clear their minds and relax.





# Music



## AURAL TRAINING

### ALL YEARS

Weekly practice at aural gives confidence and improves the results for pupils in the weeks before an exam.

*(By Invitation only)*

## BAND WORKSHOP

### YEAR GROUP: 5-6

This exciting, fun club is open to all drummers, guitarists and keyboard/piano players. Pupils will learn correct band techniques and learn how to use band equipment. They will explore a range of music from the 60s to the present day.

## CHAMBER CHOIR

### YEAR GROUP: 5-6

Pupils are selected for this choir by audition if they show singing potential in their music lessons and a genuine love of singing. A high level of commitment is expected – this is our 'A' team choir! *(By Invitation only)*

## CONCERT ORCHESTRA

### YEAR GROUP: 6

For pupils in our Prep Orchestra, to attend Training Orchestra in the Senior School. This is an excellent opportunity to get to know the Senior School Music Department. *(By Invitation only)*

## EBONY & IVORY

### YEAR GROUP: 4-6

We encourage all pianists to join this piano duet club, where we find duet partners and music for their standard of playing - even writing it ourselves if need be. Pupils can play for fun or work towards a performance.

## INSTRUMENTAL GROUPS

### ALL YEARS

**Top Brass, Flute Salad, Reeds  
United, Mini Fiddles, Fiddlesticks,  
All-Star Guitars.**

Our instrumental groups are designed to give ensemble practice to children, whether they learn in or out of school. Pupils usually begin to play in these groups after approximately one term of tuition. *(By Invitation only)*

## LITTLE & LOUD

### YEAR GROUP: 2-3

A choir for all abilities, singing lots of fun songs together and playing musical action game-songs, with an information concert most terms and occasional visits to perform locally.

## MUSIC THEORY

### YEAR GROUP: 4-6

Music Theory is encouraged with pupils who have attained Grade 2 on their instrument. This will help them gain a greater knowledge and understanding of the music they are reading.

## NOTRE NOISE CHOIR

### YEAR GROUP: 4-6

This is a club for any child who loves singing.

## ORCHESTRA

### YEAR GROUP: 4-6

The Orchestra is open to all those who have gained at least Grade 1 on their instrument. The pupils have the enjoyment of playing together and gain experience of playing various styles of music, with the opportunity to play in concerts. *(By Invitation only)*

## SAMBA

### YEAR GROUP: 4-6

A Samba Band to include a range of percussion opportunities whilst retaining the flavour of Rio!

## SING-A LING CHORUS

### YEAR GROUP: 4-6

A termly choir with a range of songs chosen by all, plenty of actions, and an informal performance at the end of the term whenever possible!

## UKE TROUPE

### YEAR GROUP: 3-5

A club for children to have fun playing the Ukuleles. Instruments provided.





# Sports & Active

## BALLET

YEAR GROUP: NURSERY-2

Willow Dance provide high quality, accessible, dance tuition in a warm, loving and supportive atmosphere. (£)

## DARE DANCE

This external company offers a range of different Dance classes.

Modern Dance for Nursery and Reception. An energetic class filled with movements and routines. (£)

Street Dance for Years 1-2. An upbeat, energetic class with simple and intermediate routines, breakdancing, hip hop and much more. (£)

Acro Dance for Years 3-6, which is a mix of modern dance, gymnastics, tumbling and group work. (£)

## JUGGLING & TRICKS

YEAR GROUP: 4-6

A fun and engaging club where pupils learn how to juggle, play card games, complete the cup stack and perform tricks.

## KARATE

YEAR GROUP: 1-6

Ichiban Shotokan Karate Club. Karate training is a structured but dynamic activity focusing on self-protection. Children will develop practical skills in a safe environment. (£)

## SPORTS CLUB

YEAR GROUP: REC-6

Children participate in various sports and fun activities to develop their hand-eye coordination and striking and fielding skills. From Year 3 upwards, it focuses on seasonal sports such as

**Athletics, Football, Cricket, Hockey, Netball and other games.**

## TENNIS

YEAR GROUP: 1-6

Tennis lessons on our courts, run by a qualified Squash and Tennis coach. (£)





# STEM (SCIENCE, TECHNOLOGY, ENGINEERING, MATHS)

## **CODING CLUB**

**YEAR GROUP: 1-6**

Little Heroes – Y1 - 2: Highly engaging, physical and fun! Perfect for children who enjoy using technology. Coding – Year 3 - 6: An Interactive, fun and creative club for those who are keen to make and publish their own games.

## **DIGITAL LEADERS PROGRAMME**

**YEAR GROUP: 3-6**

The Childnet Digital Leaders training programme empowers pupils to educate their peers about online safety. Each year we have a number of keen and motivated Digital Leaders apply to undertake informative and fun online modules, equipping them with the skills to act as excellent ambassadors for online safety. When their training is complete they gain their Digital Leaders badge.

## **ECO WARRIORS**



**YEAR GROUP: 1-6**

Eco Warriors is open to all Eco Councillors who want to help us with hands-on eco-initiatives. Pupils will be involved in developing the School's biodiversity and working with departments that could reduce our carbon emissions and general waste. Be prepared to get messy and inventive as we put our heads together to find imaginative ways to make our school even more eco-friendly!

## **LEGO CLUB**

**YEAR GROUP: ALL YEARS**

An exciting and fun opportunity for all pupils to be creative through building structures and designing 3D worlds out of Lego blocks. This enables children to develop their design and technology skills and have fun bringing their imagination to life.

## **SHAPE, PATTERN & PUZZLE**

**YEAR GROUP: 1-2**

Shape, pattern, and puzzle club is a chance for our younger children to test their critical thinking and problem skills in a fun, relaxed atmosphere.







# Stretch & Challenge

## ACADEMIC EXTENSION

Academic Extension Club focuses on developing and practising skills to help tackle problem-solving activities, logic puzzles and strategy-type games. The children are set challenges to work through together, looking at the skills required to work effectively. Open to all interested pupils and a perfect club to stretch our more able learners.

**YEAR GROUP: 3-4**

Pupils complete various activities such as playing games, and puzzles, answering philosophical questions and solving word and number problems. They like completing Wordle, Heardle and Sudokus. Can the children beat the teacher?

**YEAR GROUP: 5-6**

Alternating between English and Maths skills, each week pupils extend and challenge themselves. They could be using critical thinking to solve problems or employing creativity to produce a short piece of writing.

## CHESS CLUB

**YEAR GROUP: 3-6**

Chess is not only great fun but also fantastic for developing all sorts of skills. During chess club, children will learn how to play chess, analyse chess positions and sharpen their tactics and endgame.

## DEBATING CLUB

**YEAR GROUP: 5-6**

The debating club meets weekly to have fun, lively and self-directed discussions on various topics. Pupils learn to express opinions, present facts and look at subjects from different angles. Recent debates have focused on 'Whether primary school age children should have smartphones?' or 'If libraries play a part in the future?'

## FRENCH ENRICHMENT

**YEAR GROUP: 5-6**

This club is an opportunity for pupils to stretch themselves in French, boosting their fluency, pronunciation and confidence; it includes training for a French Spelling Bee. *(By Invitation only)*

## SPANISH ENRICHMENT

**YEAR GROUP: 4-6**

This club is an opportunity for pupils to stretch themselves in Spanish, boosting their fluency, pronunciation and confidence; it includes training for a Spanish Spelling Bee. *(By Invitation only)*



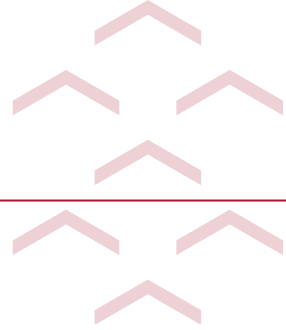
## TOUCH TYPING

**YEAR GROUP: 4-6**

Learning to touch type will help pupils in the future, as they can work faster and focus on content rather than the keyboard to produce high-quality work. During this club, pupils follow an interactive Touch Typing program, allowing them to learn independently and at their own pace.



# Study Support / Homework Clubs



## LUNCHTIME CLUB

YEAR GROUP: 5-6

A club designed to offer pupils a chance to discuss social dilemmas and/or emotions that they may be finding difficult in daily life. We play games and talk through scenarios in a safe environment with a small group. (By Invitation only)

## STUDY CLUB

YEAR GROUP: 4-6

A daily study club that runs after school in the ICT suite. This is a space where children can complete their homework, read quietly or engage in further study on and offline.

## MATHEMATICS

YEAR GROUP: 2-6

The club is available for any pupil who has had difficulty accessing Mathematics at home during the week for their homework task.



# Wrap-Around Care

## BREAKFAST CLUB

YEAR GROUP: ALL YEARS

Breakfast Club is available to all Prep School years from 7.30 am in the dining room under full supervision. Children are then accompanied to their first class.

Breakfast is a bacon or sausage bap, or cereal and toast (both options come with a drink). Healthy yoghurts, fruit and smoothies are also available. Parents are also welcome to have breakfast in our dining room.

## TEA REX AFTER SCHOOL CLUB

YEAR GROUP : REC -6

Our after-school club is committed to the children having fun and relaxing through a variety of activities they can choose from. The club includes supper and operates daily throughout term time from the end of the timetabled school day.

We organise a range of fun and engaging activities. Children can choose to be active outside in our beautiful grounds, to be creative with arts and crafts or to enjoy our many toys and games.

